January 29, 1957 - April 18, 2022

Cynthia "Cindy" Christian, 65, of Medford, Oregon passed away peacefully of natural causes on April 18th, 2022. She had passed in the night and was still in her bed with her best friend by her side, her dog Ruby. She was found by her son Travis and looked remarkably beautiful and at peace. She would have wanted to leave this world no other way.

Cindy lived a simple, dignified, and full life. Cindy regularly provided comfort and solace to those in need while asking little in return. Cindy wore many different hats during her time on this earth, she was a wife to her late husband (Rick Christian) a mother to her three children (Josh, Travis, and Kelly) a caregiver and a nurse to the most vulnerable in our community and arguably the most important a lover of animals.

Cindy was born January 29th, 1957, in San Francisco, California before her parents, Robert and Elena Corbett (whom she cherished), moved her and her siblings Marie, Colleen and Jim, north to Portland and eventually relocating to Medford, Oregon in August of 1964. Upon the family's arrival in Medford, Cindy was enrolled at Sacred Heart Elementary School to begin the 2nd grade. She went on to attend Medford High School where she graduated in 1975.

While attending Medford Senior High, Cindy met and would later marry her high school sweetheart Rick Christian. The two would plant roots in the Rogue Valley where they would raise their three children. Cindy and Rick were married nearly 26 years before his sudden passing in July, 2001.

For most of Cindy's life you would find her sitting at a ball field, football field, gymnasium, or any other arena where she would be cheering on her children in sports. Never one to miss a game, Cindy traveled across the country to support her children's activities. Cindy and Rick made it to every single home (and many away) college football games for their middle son Travis. A memory that will always be cherished.

Upon Cindy's death, we have been overwhelmed at the kindness, generosity and well wishes that have been sent our way. Cindy had created a network of friends at the Rogue Valley Manor where she worked, on the hiking trails where she felt most at home with her friend Brandy, and in the gym at F45 where she would workout. We had no idea the community of love that was formed around her at F45. Cindy was a strong-willed woman and at 65 years old, as she would say...was on her grind. Thank you to all the F45 ladies, including Jenn, Amy, Kelly, Kim, Eugenia, Dalaina, Marci, Cari, Heather, Laura, and Vicki, you were family to her.

To her siblings, Marie, Colleen and Jim she leaves her kindness, fondness of your lives and successes and gratitude. To her grandchildren she leaves a legacy of love, compassion, selflessness, and most importantly hard work. To her son she leaves her laughter, commitment, friendship, and memories of a life together that will live on forever. I love you mom and will miss you endlessly.

